

1 Appendices

2 Appendix A

4 GUIDELINES FOR DATA COLLECTION, ANALYSIS AND PRESENTATION OF MYOCARDITIS 5 AND PERICARDITIS

6 It was the consensus of the Brighton Collaboration *Myocarditis and Pericarditis Working Group* to
7 recommend the following guidelines to enable meaningful and standardized collection, analysis, and
8 presentation of information about myocarditis and pericarditis. However, implementation of all guidelines might
9 not be possible in all settings. The availability of information may vary depending upon resources, geographical
10 region, and whether the source of information is a prospective clinical trial, a post-marketing surveillance or
11 epidemiological study, or an individual report of myocarditis and pericarditis. These guidelines have been
12 developed by the Working Group for guidance only, and are not to be considered a mandatory requirement for
13 data collection, analysis, or presentation.

14 1.1. Data collection

15 These guidelines represent a desirable standard for the collection of data on adverse events following
16 immunization to favorize comparability of data and are recommended as an addition to data collected for the
17 specific study question and setting. The guidelines are not intended to guide the primary reporting of myocarditis
18 and pericarditis to a surveillance system or study monitor. Investigators developing a data collection tool based
19 on these data collection guidelines also need to refer to the criteria in the case definition, which are not repeated
20 in these guidelines.

21 Guidelines 1-43 below have been developed to address data elements for the collection of adverse event
22 information as specified in general drug safety guidelines by the International Conference on Harmonization of
23 Technical Requirements for Registration of Pharmaceuticals for Human Use,^a and the form for reporting of drug
24 adverse events by the Council for International Organizations of Medical Sciences.^b These data elements include
25 an identifiable reporter and patient, one or more prior immunizations, and a detailed description of the adverse
26 event, in this case, of myocarditis or pericarditis following immunization. The additional guidelines have been
27 developed as guidance for the collection of additional information to allow for a more comprehensive
28 understanding of myocarditis or pericarditis following immunization.

29 1.1.1. Source of information/reporter

30 For all cases and/or all study participants, as appropriate, the following information should be recorded:

- 31 1) Date of report.
- 32 2) Name and contact information of person reporting¹ and/or diagnosing the myocarditis or pericarditis as
33 specified by country-specific data protection law.
- 34 3) Name and contact information of the investigator responsible for the subject, as applicable.
- 35 4) Relation to the patient (e.g., immunizer [clinician, nurse], family member [indicate relationship], other).

37 1.1.2. Vaccinee/control

38 1.1.2.1. Demographics

39 For all cases and/or all study participants, as appropriate, the following information should be recorded:

- 40 5) Case/study participant identifiers (e.g., first name initial followed by last name initial) or code (or in
41 accordance with country-specific data protection laws).
- 42 6) Date of birth, age, and sex.
- 43 7) For infants: gestational age and birth weight.

45 1.1.2.2. Clinical and immunization history

46 For all cases and/or all study participants, as appropriate, the following information should be recorded:

- 47 8) Past medical history, including hospitalizations, underlying diseases/disorders, pre-immunization signs
48 and symptoms including identification of indicators for, or the absence of, a history of allergy to
49 vaccines, vaccine components or medications; food allergy; allergic rhinitis; eczema; asthma.
- 50 9) Any medication history (other than treatment for the event described) prior to, during, and after
51 immunization including prescription and non-prescription medication as well as medication or
52 treatment with long half-life or long-term effect. (e.g., immunoglobulins, blood transfusion and
53 immunosuppressants).
- 54 10) Immunization history (i.e., previous immunizations and any adverse event following immunization
55 (AEFI)), in particular, occurrence of myocarditis or pericarditis after a previous immunization.

^a <https://www.ich.org/>

^b https://cioms.ch/wp-content/uploads/2019/11/Fillable-Form_CIOMS-to-E2B.pdf

57 **1.1.3. Details of the immunization**

58 For all cases and/or all study participants, as appropriate, the following information should be recorded:

- 59 11) Date and time of immunization(s).
60 12) Description of vaccine(s) (name of vaccine, manufacturer, lot number, dose (e.g., 0.25mL, 0.5 mL) and
61 number of dose (if part of a series of immunizations against the same disease).
62 13) The anatomical sites (including left or right side) of all immunizations (e.g., vaccine A in proximal left
63 lateral thigh, vaccine B in left deltoid).
64 14) Route and method of administration (e.g., intramuscular, intradermal, subcutaneous, needle-free, other
65 injection devices).
66 15) Needle length and gauge.

67
68 **1.1.4. The adverse event**

- 69 16) For all cases with any level of diagnostic certainty and for reported events with insufficient evidence,
70 the criteria fulfilled to meet the case definition should be recorded.

71 The following should be specifically documented:

- 72 17) Clinical description of signs and symptoms of myocarditis or pericarditis, and if there was medical
73 confirmation of the event (i.e., patient seen by physician).
74 18) Date/time of onset², first observation³ and diagnosis⁴, end of episode⁵ and final outcome⁶.
75 19) Concurrent signs, symptoms, and diseases.
76 20) Measurement/testing
77 • Values and units of routinely measured parameters (e.g. temperature, blood pressure, cardiac enzymes,
78 ECG values), in particular, those that indicate the severity of the event;
79 • Method of measurement (e.g., type of thermometer, oral or other route, duration of measurement);
80 • Results of laboratory examinations, surgical and/or pathological findings and diagnoses if available.
81 21) Treatment given for myocarditis or pericarditis, especially the following:
82 **Myocarditis:** supportive treatment (extracorporeal membrane oxygenation, pacing), prednisone,
83 Intravenous immunoglobulin.
84 **Pericarditis:** pericardiocentesis, aspirin, colchicine, prednisone.
85 22) Outcome⁶ at last observation.
86 23) Objective clinical evidence supporting classification of the event as ‘serious’⁷.
87 24) Exposures, other than the immunization, 24 hours before and after immunization (e.g. other treatments
88 or procedures, environmental) considered potentially relevant to the reported event.

89 **1.1.5. Miscellaneous / general**

- 90 25) The duration of surveillance for myocarditis or pericarditis should be predefined based on:
91 • Biologic characteristics of the vaccine e.g., live attenuated versus inactivated or other type of vaccines;
92 • Biologic characteristics of the vaccine-targeted disease;
93 • Biologic characteristics of myocarditis or pericarditis including patterns identified in previous trials
94 (e.g., early-phase trials); and
95 • Biologic characteristics of the vaccinee (e.g., nutrition, underlying disease, immunodepressive illness).
96 26) The duration of follow-up reported during the surveillance period should also be predefined. It should
97 aim to continue until the resolution of the event.
98 27) Methods of data collection should be consistent within and between study groups, if applicable.
99 28) Follow-up of cases should attempt to verify and complete the information collected as outlined in data
100 collection guidelines 1 to 24.
101 29) Investigators of patients with myocarditis or pericarditis should provide guidance to reporters to
102 optimize the quality and completeness of information provided.
103 30) Reports of myocarditis or pericarditis should be collected throughout the study period regardless of the
104 time elapsed between immunization and the adverse event. If this is not feasible due to the study design,
105 the study periods during which safety data are being collected should be clearly defined.

106
107 **1.2. Data analysis**

108 The following guidelines represent a desirable standard for myocarditis or pericarditis data analysis to favorize
109 comparability of data and are recommended in addition to data analyzed for the specific study question and
110 setting.

- 111 31) Reported events should be classified in one of the following five categories according to the levels of
112 diagnostic certainty as specified in the case definition. Events that do not meet the case definition
113 should be classified in the additional categories for analysis.

114 **Event classification in five categories⁸**

115 **Event meeting case definition**

116 Level 1: *Criteria as specified in the myocarditis or pericarditis case definition*

Level 2: *Criteria as specified in the myocarditis or pericarditis case definition*

Level 3: *Criteria as specified in the myocarditis or pericarditis case definition*

Event not meeting case definition

Additional categories for analysis

Level 4: Reported myocarditis or pericarditis with insufficient evidence to meet the case definition⁹

Level 5: Not a case of myocarditis or pericarditis

- 32) The interval between immunization and reported myocarditis or pericarditis could be defined as the date/time of immunization to the date/time of onset² of the first symptoms or signs consistent with the definition. If only a few cases are reported, the actual time course could be analyzed for each. If a large number of cases are reported, data can be analyzed using the following intervals:

Patients with myocarditis or pericarditis by interval to presentation

Interval	Number (%)
< 7 days after immunization	
8 - < 42 days after immunization	
> 42 days after immunization	
TOTAL	

- 33) The duration of a possible myocarditis or pericarditis could be analyzed as the interval between the date/time of onset¹ of the first symptoms and/or signs consistent with the definition and the end of episode⁵ and/or final outcome⁶. Whatever start and ending dates/times are used, they should be used consistently within and across study groups.
- 34) If more than one measurement of a particular criterion is taken and recorded, the highest value for the adverse event could be used as the basis for analysis. Analysis may also include other characteristics like qualitative patterns of criteria defining the event.
- 35) The distribution of data (such as numerator and denominator data) could be analyzed in predefined increments (e.g., measured values, times), where applicable. Increments specified above should be used. When only a small number of cases are analyzed, the respective values or time course can be presented for each case.
- 36) Data on myocarditis or pericarditis obtained from patients receiving a vaccine should be compared with those obtained from an appropriately selected and documented control group(s) to assess background rates of hypersensitivity in non-exposed populations, and should be analyzed by study arm and dose where possible, e.g., in prospective clinical trials.

1.3. Data presentation

These guidelines represent a desirable standard for the presentation and publication of data on myocarditis or pericarditis following immunization to favorize comparability of data and are recommended in addition to data presented for the specific study question and setting. It is also recommended to refer to existing general guidelines for the presentation and publication of randomized controlled trials, systematic reviews, and meta-analyses of observational studies in epidemiology^c (e.g., statements of consolidated standards of reporting trials (CONSORT), of improving the quality of reports of meta-analyses of randomized controlled trials (QUORUM), and of meta-analysis of observational studies in epidemiology (MOOSE), respectively).

- 37) All reported events of myocarditis or pericarditis should be presented according to the categories listed in guideline 31.
- 38) Data on possible myocarditis or pericarditis events should be presented in accordance with data collection guidelines 1-24 and data analysis guidelines 31-36.
- 39) Terms to describe myocarditis or pericarditis such as ‘mild’, ‘moderate’, ‘severe’ or ‘significant’ are highly subjective, prone to wide interpretation, and should be avoided, unless clearly defined.
- 40) Data should be presented with numerator and denominator (n/N) (and not only as percentages), if available.

Although denominator data are usually not readily available in immunization safety surveillance systems, attempts should be made to identify approximate denominators. The source of the denominator data should be reported and calculations of estimates be described (e.g. manufacturer data like total doses distributed, reporting through Ministry of Health, coverage/population based data).

- 41) The incidence of cases in the study population should be presented and clearly identified as such in the text.

^c <https://www.equator-network.org/>

- 168 42) If the distribution of data is skewed, median and range are usually the more appropriate statistical
169 descriptors than a mean. However, the mean and standard deviation should also be provided.
170 43) Any publication of data on myocarditis or pericarditis should include a detailed description of the
171 methods used for data collection and analysis as possible. It is essential to specify:
172 • The study design;
173 • The method, frequency and duration of monitoring for myocarditis or pericarditis;
174 • The trial profile, indicating participant flow during a study including drop-outs and withdrawals to
175 indicate the size and nature of the respective groups under investigation;
176 • The type of surveillance (e.g., passive or active surveillance);
177 • The characteristics of the surveillance system (e.g., population served, mode of report solicitation);
178 • The search strategy in surveillance databases;
179 • Comparison group(s), if used for analyses;
180 • The data collection instrument (e.g., standardized questionnaire, diary card, report form);
181 • Clear indication if the day of immunization was considered to be ‘day one’ or ‘day zero’ in the analysis;
182 • Whether the date of onset² and/or the date of first observation³ and/or the date of diagnosis⁴ were used
183 for analysis; and
184 • Use of this case definition for myocarditis or pericarditis, in the abstract or methods section of a
185 publication¹¹.
186

187 **Notes for guidelines**

188 ¹If the reporting center is different from the vaccinating center, appropriate and timely communication of the
189 adverse event should occur.

190 ²The date and/or time of onset is defined as the time post immunization, when the first sign or symptom
191 indicative for myocarditis or pericarditis occurred. This may only be possible to determine retrospectively.

192 ³The date and/or time of first observation of the first sign or symptom indicative for myocarditis or pericarditis
193 can be used if date/time of onset is not known.

194 ⁴The date of diagnosis of an episode is the day post immunization when the event met the case definition at any
195 level.

196 ⁵The end of an episode is defined as the time the event no longer meets the case definition at the lowest level of
197 the definition.

198 ⁶E.g. recovery to pre-immunization health status, spontaneous resolution, therapeutic intervention, persistence of
199 the event, sequelae, death.

200 ⁷An AEFI is defined as serious by international standards if it meets one or more of the following criteria: 1) it
201 results in death, 2) it is life-threatening, 3) it requires inpatient hospitalization or results in prolongation of
202 existing hospitalization, 4) it results in persistent or significant disability or incapacity, 5) it is a congenital
203 anomaly or birth defect, 6) it is a medically important event or reaction.

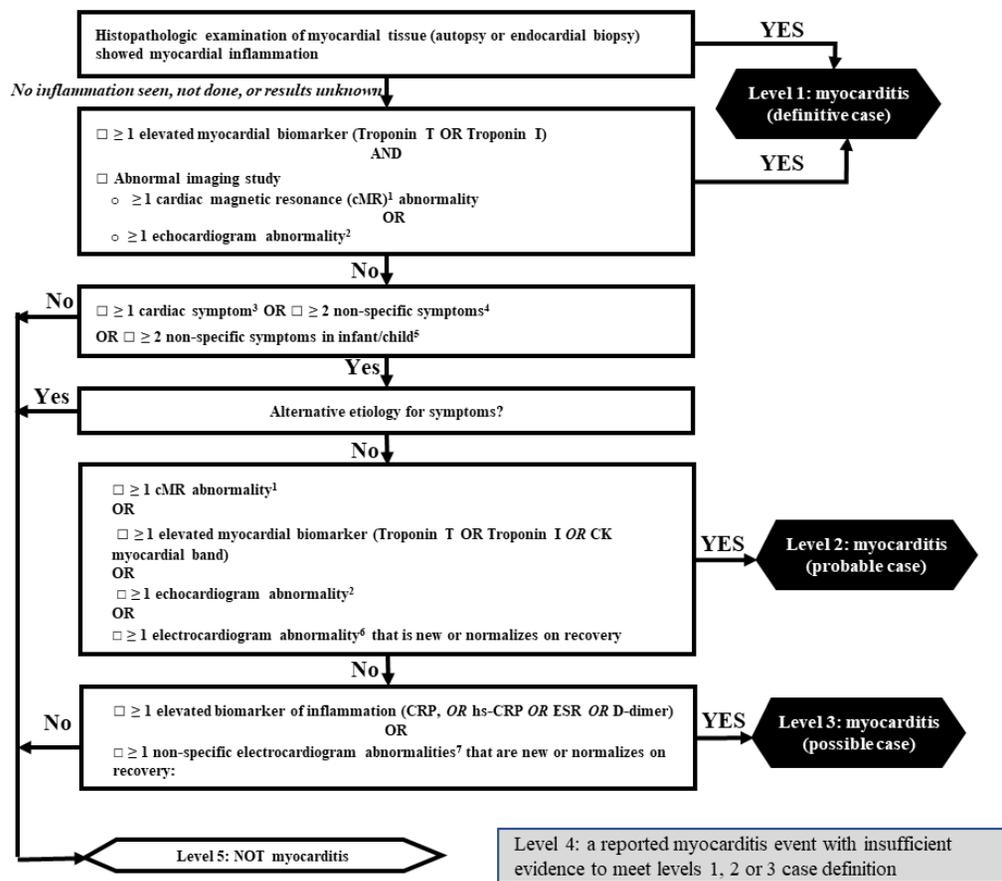
204 ⁸To determine the appropriate category, the user should first establish, whether a reported event meets the
205 criteria for the lowest applicable level of diagnostic certainty, e.g., Level 3. If the lowest applicable level of
206 diagnostic certainty of the definition is met, and there is evidence that the criteria of the next higher level of
207 diagnostic certainty are met, the event should be classified in the next category. This approach should be
208 continued until the highest level of diagnostic certainty for a given event could be determined. Major criteria
209 can be used to satisfy the requirement of minor criteria. If the lowest level of the case definition is not met, it
210 should be ruled out that any of the higher levels of diagnostic certainty are met and the event should be
211 classified as either Level 4 or 5.

212 ⁹If the evidence available for an event is insufficient because information is missing, such an event should be
213 categorized as ‘Reported myocarditis or pericarditis with insufficient evidence to meet the case definition’
214 (Level 4).

215 ¹⁰An event does not meet the case definition if investigation reveals a negative finding of a necessary criterion
216 (necessary condition) for diagnosis. Such an event should be rejected and classified as ‘Not a case of
217 myocarditis or pericarditis’ (Level 5).

218 ¹¹Use of this document should preferably be referenced by referring to the link to the Brighton Collaboration
219 website (<https://brightoncollaboration.us/>).
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221
222

Appendix B Brighton Collaboration case definition and levels of diagnostic certainty for myocarditis



¹cMR abnormalities:

- Edema on T2 weighted study, typically patchy
- Late gadolinium enhancement on T1 weighted images with an increased enhancement ratio between myocardial and skeletal muscle typically involving ≥1 non-ischemic regional distribution with recovery (myocyte injury)

²Echocardiogram abnormalities:

- New focal or diffuse left or right ventricular function abnormalities (e.g., decreased ejection fraction)
- Segmental wall motion abnormalities
- Global systolic or diastolic function depression/abnormality
- Ventricular dilation
- Wall thickness change

³Cardiac symptoms:

- Acute chest pain or pressure
- Palpitations
- Dyspnea after exercise, at rest, or lying down
- Diaphoresis
- Sudden death

⁴Non-specific symptoms:

- Fatigue
- Abdominal pain
- Dizziness or syncope
- Edema
- Cough

⁵Infant/child non-specific symptoms:

- Irritability
- Vomiting
- Poor feeding
- Tachypnea
- Lethargy

⁶Electrocardiogram abnormalities:

- Paroxysmal or sustained atrial or ventricular arrhythmias (premature atrial or ventricular beats, and/or supraventricular or ventricular tachycardia, interventricular conduction delay, abnormal Q waves, low voltages)
- AV nodal conduction delays or intraventricular conduction defects (atrioventricular block (grade I-III), new bundle branch block)
- Continuous ambulatory electrocardiographic monitor that detects frequent atrial or ventricular ectopy

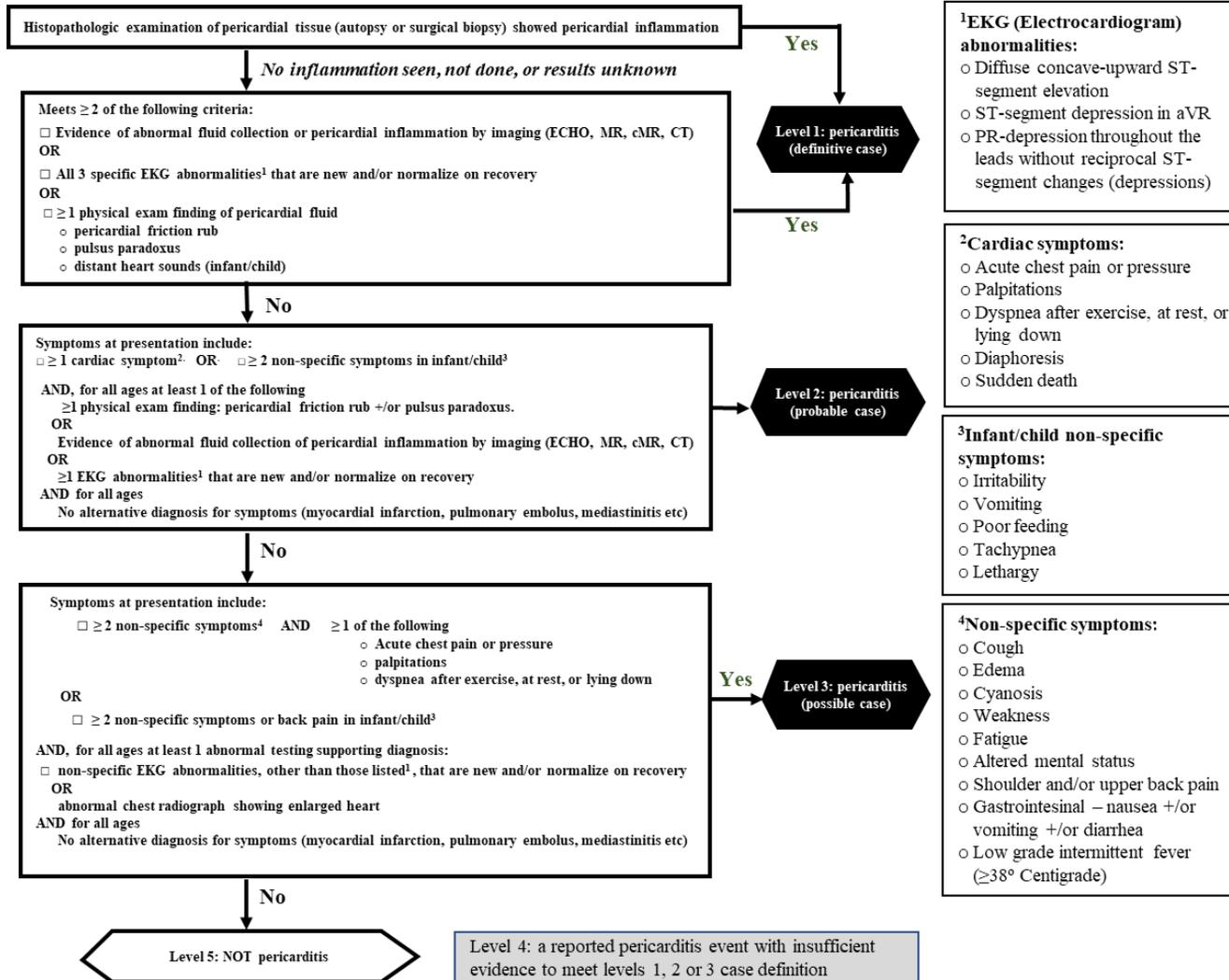
⁷Non-specific Electrocardiogram abnormalities:

- ST-segment of T-wave abnormalities (elevation of inversion)
- Premature atrial and ventricle contraction
- Newly reduced r-wave height, low voltage or abnormal q waves

CRP: c-reactive protein; ESR: erythrocyte sedimentation rate; hs-CRP: high sensitivity CRP

224 **Definitions related to acute symptoms**
225 **Chest pain:** Pressure, tightness, soreness, pain, or a squeezing or aching sensation in the chest or arms that may spread to the neck, jaw, throat, back or to the
226 shoulders and arms. May present as throat or jaw or arm or shoulder pain alone. Pain can be described like a heavy weight or pressure on the chest or pinching or
227 burning. Positional changes in chest pain: May or may not worsen with different positions or movement.
228 **Dyspnea:** Shortness of breath at rest and/or with exercise.
229 **Gastrointestinal:** Nausea, indigestion, heartburn, or abdominal/stomach pain.
230 **Diaphoresis:** Cold sweats usually without fever
231 **Fatigue or exhaustion:** Often with marked change in exercise tolerance
232 **Palpitations:** Irregular heartbeat, skipping beats
233 **Syncope, near-syncope:** Lightheadedness or sudden dizziness or fainting
234 **Cough:** Usually persistent (“won’t quit”) dry cough without sputum production
235 **Leg and feet swelling** Acute/rapid onset rarely associated with fulminant myocarditis
236 **Sudden death:** Cardiogenic shock is clinical diagnosis rather than a symptom
237
238 **Electrocardiogram abnormalities**
239 **ST-segment or T wave (elevation or inversion):** Note that in younger healthy populations early repolarization as a normal variant is frequently normal but it can
240 be abnormal if it returns to normal rhythm or if there are time evolving changes (Courtesy of Dr. Atwood, Cardiology, Walter Reed National Military Medical
241 Center).
242 **Paroxysmal or sustained atrial or ventricular arrhythmias:** Premature atrial or ventricular beats, and/or supraventricular or ventricular tachycardia,
243 interventricular conduction delay, abnormal Q waves, low voltages.
244 **AV nodal conduction delays or intraventricular conduction defects:** Atrioventricular block (grade I-III), new bundle branch block
245 **Continuous ambulatory electrocardiographic monitoring:** To detect frequent atrial or ventricular ectopy
246
247 **Echocardiogram abnormalities**
248 **Ventricular function abnormalities** (right or left): Segmental wall motion abnormalities, global systolic or diastolic function depression/abnormality, ventricular
249 dilation, wall thickness changes, pericardial effusion, and intracavitary thrombi. **Ejection fraction** (EF): Low <50%; Low Normal = 50-55%; Normal = >55%
250 [Note: confirmed abnormality if it normalizes after recovery or was documented previously as higher] Include: Bedside or portable ultrasound documenting EF
251
252 **Cardiac magnetic resonance abnormalities:** Edema (T2-weighted), typically patchy in nature or late gadolinium enhancement (T1-weighted) with an increased
253 enhancement ratio between myocardial and skeletal muscle typically involving at least one non-ischemic regional distribution with recovery (myocyte injury).
254
255

Appendix C Brighton Collaboration case definition and levels of diagnostic certainty for pericarditis



257 **Definitions related to acute symptoms**
258 **Chest pain:** Pressure, tightness, soreness, pain, or a squeezing or aching sensation in the chest or arms that may spread to the neck, jaw, throat, back or to the
259 shoulders and arms. May present as throat or jaw or arm or shoulder pain alone. Pain can be described like a heavy weight or pressure on the chest or pinching or
260 burning. Positional changes in chest pain: May or may not worsen with different positions or movement.
261 **Dyspnea:** Shortness of breath at rest and/or with exercise.
262 **Gastrointestinal:** Nausea, indigestion, heartburn, or abdominal/stomach pain.
263 **Diaphoresis:** Cold sweats usually without fever
264 **Fatigue or exhaustion:** Often with marked change in exercise tolerance
265 **Palpitations:** Irregular heartbeat, skipping beats
266 **Syncope, near-syncope:** Lightheadedness or sudden dizziness or fainting
267 **Cough:** Usually persistent (“won’t quit”) dry cough without sputum production
268 **Leg and feet swelling** Acute/rapid onset rarely associated with fulminant myocarditis
269 **Sudden death:** Cardiogenic shock is clinical diagnosis rather than a symptom
270
271 **Electrocardiogram findings**
272 **ST-segment or T wave (elevation or inversion):** Note that in younger healthy populations early repolarization as a normal variant is frequently normal but it can
273 be abnormal if it returns to normal rhythm or if there are time evolving changes (Courtesy of Dr. Atwood, Cardiology, Walter Reed National Military Medical
274 Center).
275
276 **Echocardiogram abnormalities**
277 **Presence of a pericardial effusion:** Fluid collection in the pericardial sac surrounding the heart
278 Include: Bedside or portable ultrasound documenting presence or absence of fluid
279